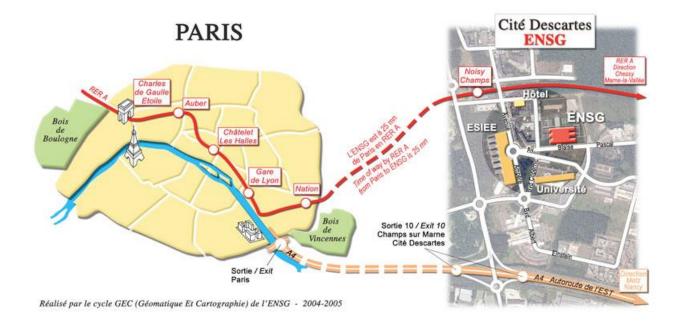
### HANDY GUIDE FOR ENSG VISITORS



## **ACCESS TO ENSG**



### Address:

6-8 avenue Blaise PascalChamps sur Marne77 455 Marne La Vallée cedexFrance

# GENERAL INFORMATION

### VISA INFORMATION FOR FRANCE

Every foreign national wishing to come to France must have ready for presentation at the border documentary evidence of the purpose of the visit, means of support for the duration of the stay and accommodation arrangements.

In some cases, a visa is required. It must be requested from the French consulate before departure. According to your nationality, the length and purpose of your trip to France, you may be required to obtain a visa before traveling.

### Do you need a Schengen visa to travel to France?

To find out whether or not you need a Schengen visa to travel to France, please consult the following link:

http://www.diplomatie.gouv.fr/en/france/coming-to-france/getting-a-visa/

Contact details of the French embassy and/or consulate in your country: <a href="http://www.mfe.org/index.php/Annuaires/Ambassades-et-consulats-francais-a-l-etranger">http://www.mfe.org/index.php/Annuaires/Ambassades-et-consulats-francais-a-l-etranger</a>

### TIME ZONE

GMT/UTC +1 (Central European Time)

### EMERGENCIES

- > SAMU (ambulance) Tel: 15 (free)
- ➤ Police emergency (from a cell phone) Tel: 112
- ➤ Fire Department Tel: 18 (free)
- ➢ Police Tel: 17 (free)

### FLECTRICITY

The electrical voltage in France is 220 volts. France uses the standard European grounded and nonarounded socket, the most common in the world.

### NON-SMOKING POLICY

Smoking is forbidden in public areas, transports as well as in restaurants and bars.

### TOURIST OFFICE

Located in the heart of the city, the Paris Tourist Office is open to visitors all year round, offering information and personalized advice, tourist guides and maps.

Office du Tourisme de Paris 25 rue des Pyramides

### 75001 PARIS Tel: 33 (0)1 49 52 42 63

# FOR YOUR ACCOMODATION

www.parisinfo.com

### **HOTELS**

Per night	SINGLE	DOUBLE	BREAKFAST	WIFI
HOTEL IBIS Marne La Vallée Champs sur Marne Boulevard Newton cité Descartes 77420 Marne La Vallée Tel:33 (0)1 64 68 00 83 Fax:33 (0)1 64 68 02 60 www.ibishotel.com	-	-	-	Yes
Golden Tulipe Marne La Vallée 44 boulevard Antoine Giroust 77600 Bussy Saint Georges Tél : 33 (0)1 64 66 11 11 Fax : (0)1 64 66 29 05 www.goldentulipmarnelavallee.com	-	-		-

# PUBLIC TRANSPORT NETWORK IN PARIS: METRO AND R.E.R.







www.parisinfo.com

#### **METRO**

The metro operates every day including public holidays from around 6 am to 0.30 am, except on Friday & Saturday evenings until 2.15 am.

Trains are less frequent on Sundays and public holidays.

The Paris metro has around 300 stations, their entrances marked by a big yellow "M", and 16 lines, numbered from 1 to 14, 3 bis and 7 bis.

Each line has two directions, indicated by the terminus station at each end (for example: *Balard/Créteil*).

For an idea of your journey time, allow an average of 2 min per station and add 5 min for each connection.

A single metro ticket costs €1.30 and can be used for one journey, including all connections.

Tickets can be purchased singly or in a book of 10 ("carnet") for €13.30, at the ticket offices or vending machines in metro stations, and also in some tobacconists (with the symbol "RATP").

Your ticket remains valid for 2 hours until you leave the metro by going through the exit barriers. Keep hold of your ticket until you have completed your journey, as you may be asked to show it if tickets are being inspected.

This ticket, valid for zones 1 and 2, allows you to travel anywhere in Paris, and even beyond, since it will take you to the end of each metro line (as for example *Château de Vincennes* on line 1).

#### RER

The RER is an express rail network consisting of 5 lines referred to by the letters A, B, C, D and E.

It operates every day, including public holidays, from around 6am to 0.30am.

It is faster than the metro because stops are less frequent.

Within Paris, the RER operates in more or less the same way as the metro, except that you need to put your ticket through the automatic barriers a second time on the way out.

If your RER station has a connection with the metro, you can use the same ticket for the whole journey.

If you are travelling beyond the city limits, you need to ensure that you are in possession of a ticket which covers your whole journey up to your destination.

Screens on the platforms display the departure times of the next trains.

When travelling outwards to the suburbs, once on the platform, make sure to check that the stop you want is indicated on the electronic destination boards.

### PLEASE NOTE THAT **SMOKING IS FORBIDDEN IN THE ENTIRE PARIS AND SUBURBAN**TRANSPORT NETWORK.

\*\*\*\*\*\*

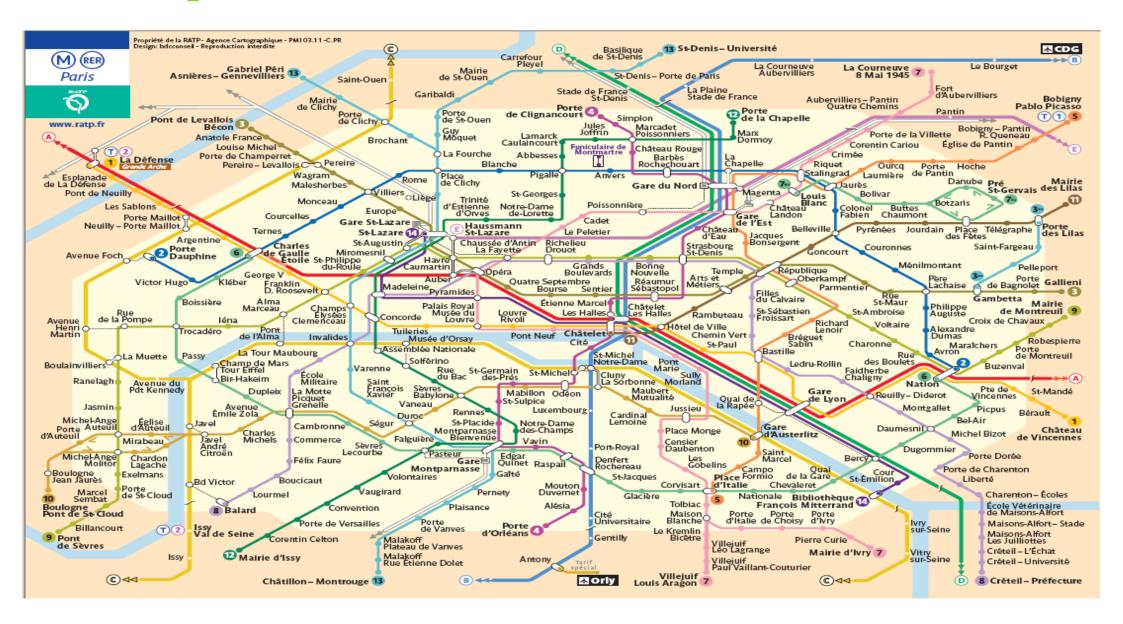
### **FOR MORE INFORMATION:**

http://parisbytrain.com/paris-rer/

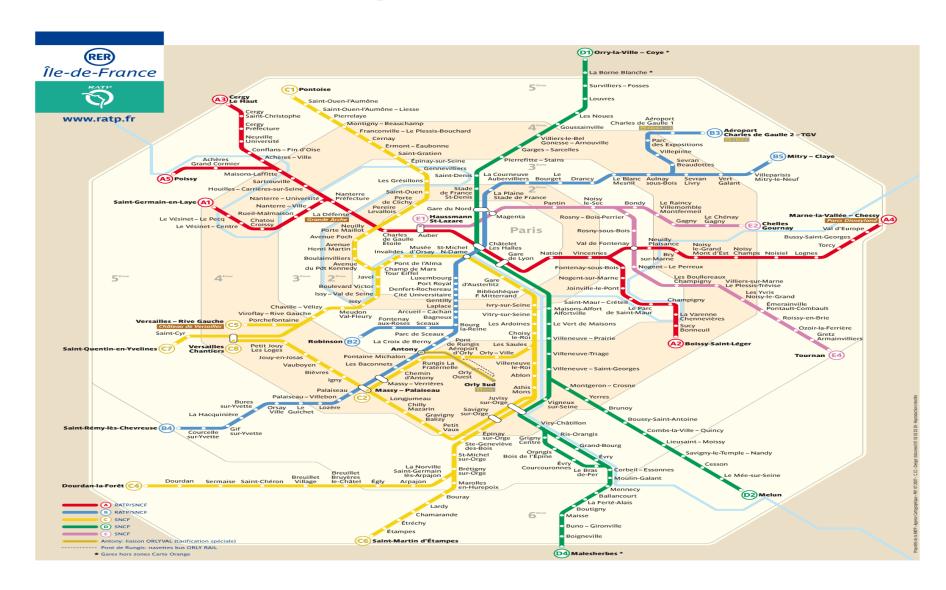
http://en.parisinfo.com/paris-map/getting-around/public-transport/guide/public-transport\_rer-suburbanexpress-railway-

http://en.parisinfo.com/paris-map/getting-around/public-transport/guide/public-transport\_by-metro

### Map of the metro and RER in Paris



### Map of the RER (suburban transport network)





# HOW TO GET FROM PARIS AIRPORTS TO ENSG VIA CHATELET LES HALLES

Fare (as of 01.01.2013): €13 - by RER - single ticket

Roissy Charles de Gaulle → ENSG 6-8 avenue Blaise Pascal Marne La Vallée : 13 €

Orly Airport → ENSG 6-8 avenue Blaise Pascal Marne La Vallée : 14.95 €

<u>Itinerary: 1st half between airport & Châtelet-les-Halles RER station</u>

F	From CDG Roissy Airport → Châtelet-les-Halles Duration: 42 mn		n <b>Duration</b>
		Go to: Aéroport Charles de Gaulle 1 or 2 TGV - RER	3 mn
1	RER	Direction: Massy Palaiseau	
		From: Aéroport Charles de Gaulle 1 or 2	
	B	To: Châtelet-Les Halles	38 mn
	<b>*</b>	And then go to the other side of the same platform	1 mn



l	From Orly Airport → Châtelet-les-Halles Duration: 50 mn		
	Go to: Orly-Sud or Orly -Ouest - navette	3 mn	
	Direction: Antony		
	From: Orly-Sud or Orly Ouest  To: Antony	10 mn	
	Connection at: Antony - RER	4 mn	
	Direction: Aéroport Charles de Gaulle 2 TGV		
	From: Antony  To: Châtelet-Les Halles	30 mn	
	Within station Châtelet-Les-Halles, go to platform direction Marne La Vallée- Chessy	5 mn	

### 2nd half between Châtelet Les Halles and ENSG

			Duration
	<b>乔</b>	Go to: RER A Châtelet-Les Halles	4 mn
1	RER	Direction: Marne La Vallée-Chessy	
	A	from: Châtelet-Les Halles to: Noisy-Champs	22 mn
	<b></b>	And then go to ENSG 6-8 avenue Blaise Pascal 77420 Champs sur Marne	11 mn

### IGN

## HOW TO GET FROM ENSG TO PARIS AIRPORTS

1st half between ENSG and Châtelet-les-Halles RER station

F	From ENSG → Châtelet Les Halles		Duration
		Go to: RER A Noisy Champs	11 mn
1	RER	Directn: Saint Germain en Laye	
	A	from: Noisy-Champs to: Châtelet – Les Halles	21 mn
		Connection at : Châtelet-Les Halles	1 mn

2nd half between Châtelet Les Halles and airports

F	From Châtelet-Les Halles to Roissy airport		Duration
	<b></b>	<b>Go to:</b> RER B Châtelet-Les Halles (trains are on the same platform, opposite side)	4 mn
1	RER	Direction: Roissy Charles de Gaulle	
	B	from: Châtelet-Les Halles  to: Aéroport Charles de Gaulle 1 or 2	22 mn
	<b>*</b>	And then go to Aéroport Charles de Gaulle	3 mn

F	rom Châte	let-Les Halles to Orly airport	Duration
	大	Go to: RER B Châtelet-Les Halles	4 mn
1	RER	Direction: Orly sud	
	B	from: Châtelet-Les Halles to: Antony	22 mn
	M		
2	orl Vi	From: Antony  To : Orly sud or Orly ouest : navette	8 min
	<b></b>	And then go to Orly airport	3 mn



# HOW TO GET FROM GARE DU NORD (railway station) TO ENSG

**<u>Fare</u>** (as of 01.01.2013): €4.10 – by RER – single ticket

From Gare du Nord, PARIS to ENSG 6-8 avenue Blaise Pascal 77420 CHAMPS SUR MARNE Duration: 31 min

		Duration
<b>大</b>	Go to: Gare du Nord – RER	3 mn
1 RER	Direction: Saint Rémy Lès Chevreuse	
	from: Gare du Nord	
B	to: Châtelet-Les Halles	4 mn
2 RER	Direction: Marne La Vallée-Chessy	
	From: Châtelet-Les Halles	
A	To: Noisy Champs	21 mn
赤	And then go to 6 avenue Blaise Pascal 77420 Champs sur	7 mn
7.1	Marne	

# HOW TO GET FROM ENSG TO GARE DU NORD (railway station)

From ENSG 6-8 avenue Blaise Pascal 77420 CHAMPS SUR MARNE to Gare du Nord, Paris Duration: 31 min

		Duration
<b>秦</b>	Go to: RER A Noisy-Champs	7 mn
1 RER	Direction: Saint Germain en Laye (Paris)	



	from: Noisy-Champs	4
A	to: Châtelet-Les Halles	4 mn
	And then go to the other side of the same platform	
2 RER	Direction: Aéroport Charles de Gaulles 2 TGV	
B	From: Châtelet-Les Halles	4 mn
	To: Gare du Nord	7 11111
大	And then go to gare du Nord SNCF	4 mn

# HOW TO GET FROM GARE DE L'EST (railway station) TO ENSG

From Gare de l'Est (railway station), Paris to ENSG Duration: 48 min

			Duration
	奏	Go to: Gare de l'Est - métro	3 mn
1	(2)	Direction: Mairie d'Ivry	
	7	from: Gare de l'Est  to: Opéra	7 mn
	<b></b>	Go to: Auber	5 mn
2	RER	Direction: Marne La Vallée-Chessy	
	<b>(A)</b>	From: Auber  To: Noisy-Champs	26 mn
	<b></b>	And then go to ENSG 6-8 avenue Blaise Pascal 77420 Champs Sur Marne	7 mn



# HOW TO GET FROM ENSG TO GARE DE L'EST (railway station)

From ENSG to Gare de l'Est (railway station), Paris Duration: 48 min

			Duration
	<b>赤</b>	Go to: Noisy-Champs - RER	7 mn
1	RER	Direction: Saint Germain en Laye (Paris)	
	•	from: Noisy-Champs	
	A	to: Auber	26 min
	<b></b>	Go to : Opéra	5 min
2	<b>(</b>	Direction: La Courneuve	
		From: Opéra	
	7	To: Gare de l'Est	7 mn
	<b></b>	And then go to Gare de l'Est railway station	3 mn

### IGN

# USEFUL TIPS WHEN USING TAXIS IN PARIS

### How do you know when a taxi is available?

When the sign on the roof is green (otherwise: red).

#### How to hire a taxi?

You can either

- Hail a taxi in the street (if you're more than 50 metres away from a taxi station)
- Go to the nearest taxi station →
- Call a radio-taxi

### How much is the standing pick-up charge?

€2.40 (price as of 01.01.2012).

### When you book a taxi, what does the amount shown on the meter when you get in refer to?

It represents the cost of the standing charge (€2.40), plus the cost of the journey to the pick-up point from the place where the taxi was when it received your booking.

### Can the driver charge other extras?

- Yes: For the 2nd suitcase, package or large object weighing more than 5kg and placed in the boot: €1 per item (as of 01.01.2012)
- **No**: For the transport of animals; for pick-up at a station; for people with disabilities: no extra charge for transporting a wheelchair or animals that accompany them.

### Can the driver refuse to take 4 passengers?

No, but there is an extra charge to be paid from the 4th person onwards: €3 per adult (as of 01.01.2012), €1.50 for children aged under 10.

### Should the driver provide a detailed receipt stating the fare paid by the customer?

Yes: upon request from the customer for any amount,

Compulsory for all journeys of €15 and above.

Customers are advised to check that the receipt is correctly filled in and that information effectively matches the journey and the vehicle's number plate.

### Can the driver request the payment of tips?

No, absolutely not. However, he can accept them.

### Is the driver allowed to smoke while on duty?



No, unless the customer is consulted and does not object.



### LIST OF TAXIS

NAME	PHONE			
Taxis KS Prestige (credit card accepted)	33 (0)6 99 12 65 87			
Taxi Discount	33 (0)6 17 82 06 99			
Accueil taxi Jean	33 (0)6 78 10 23 59			
Outsama taxi	33 (0)6 62 39 38 67			
AD Taxis	33 (0)6 63 61 68 91			
Nzinga Vanda Nkala	33 (0)6 07 60 59 59			

### LIST OF MOTORBIKE TAXIS

NAME	PHONE		
Amoto	33 (0)1 48 80 94 47 33 (0)6 09 38 89 34		
LibertyTrans	33 (0) 826 628 730		
City Bire	33 (0) 826100 100		
Skoot	33 (0) 8100 620 811		
Taxi Moto Paris	33 (0)6 69 96 75 75		

NAME	PHONE  33 (6) 76 70 73 89		
ABK			
ADA CAYENNE LOCATION Franchisé indépendant 7 rue d'Alsace 77420 CHAMPS SUR MARNE	33 (0)1 64 68 17 00		

### IGN

# How to go to ENSG from Calais and the Channel tunnel by car

Departure: Channel tunnel - Calais- France

Close to Calais, turn right, towards A26:

- Calais
- Lille
- Reims
- Paris
- Bruxelles

4 min Head towards: A26

- Saint Omer
- Arras
- Reims
- Paris

5 min Continue along A26

24 min Setques/Calais: ticket purchase

56 min Passing close to Lens

69 min Head towards: A1

- Arras-Est
- Lille
- Paris

70 min Head towards: A1

- Arras-Est
- Paris

Close to Arras, continue A1

96 min Attention: A1 dangerous area (130 km/h), near Feuillères

Attention: A1 dangerous area (130 km/h) near Ressons-sur-Matz

149 min Passing close to Senlis



### 163 min Passing close to Paris

166 min Head towards: A3 A104

- Bordeaux
- Nantes
- Lyon
- Marne La Vallée
- Sarcelles
- Paris Est
- Bobigny
- Garonor
- Centre commercial régional

### 167 min Passing close to Bobigny

168 min Head towards: : A86 A10

- Bordeaux
- Nantes
- Paris Porte de Bagnolet
- Bobigny
- Centre commercial régional

### 174 min Head towards:

- Bordeaux
- Nantes
- Lyon
- Fontenay-sous-Bois
- Créteil
- Rosny-sous-Bois
- Montreuil-La-Boissière

### 174 min turn left : A86 towards

- Bordeaux
- Nantes
- Lyon
- Fontenay-sous-Bois
- Créteil
- Rosny sous-Bois
- Montreuil-La Boissière



### **EATING OUT**

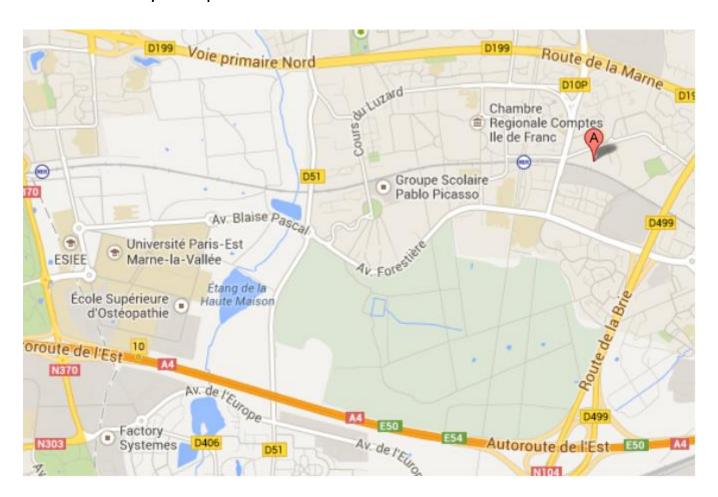
### Restaurants near ENSG

NAME	ADRESS	PHONE	WEBSITE	PRICE RANGE	OPEN	TYPE OF FOOD
Jardin de Taj- Mahal	39 boulevard de la République	01.60.17.29 .53	-	Less than €10	7/7	Indian
Jpfm La Poste	8 rue de Paris	01.64.68.07 .53	-	-	-	Traditional French
Fujiyama	2 rue de Chelles	01.60.06.71 .58	www.fujiyama.fr	€ 8.60 to €56	7/7 12.00-14.30 18.30-23.00	Japanese
Chinatown	9 avenue André Marie Ampère	01.64.73.26 .42	-	€ 10-15	Monday, Tuesday, Wednesday, Thursday 12.00-14.00 and 1900- 23.00	Chinese
Sushi-Yaki	33 avenue André-Marie Ampère	01.64.61.13 .05	-	€10 -26	7j/7	Japanese
La Pétanque	Place Matteotti	01.64.68.78 .50	-	€16-20	Monday-Friday 12.00- 14.30	Traditional French
Le black pearl	65 avenuue Jean Jaurès place Matteotti	01.70.04.47 .83	-	-	Mon. to Fri. 12.00- 14.00 19.00-01.00	French food



### DINNER

The dinner may take place here: Le Relais du Buisson - Cours Buisson - 77186 Noisiel



### IGN

